

**CLAIMS**

**We claim:**

- 5 1. A device for treating ischemic tissue comprising  
an elongate shaft having proximal and distal ends, a lumen extending  
therebetween;  
a control structure operably connected to the shaft for actuation of the device by  
user activation;
- 10 at least one injury effector adjacent the elongate shaft's distal end, and  
capable of inducing a mechanical or energy injury produced at a tissue site in  
response to actuation by the control structure; when the shaft's distal end is  
placed against a tissue surface;
- 15 at least one therapeutic-substance delivery effector carried on the  
elongate shaft at the distal end thereof, said therapeutic-substance delivery  
effector having at least one therapeutic-substance delivery port through which  
therapeutic-substance can be delivered from the effector into tissue against  
which the effector is placed, each of said one or more injury-treatment effectors  
and said one or more therapeutic-substance delivery ports being spaced from  
20 one another at selected positions and adapted to be placed simultaneously  
against such tissues; and
- 25 at least one therapeutic-substance source having a reservoir for storing a  
substance and in substance communication with said therapeutic-substance  
delivery ports, and responsive to said control structure to eject therapeutic-  
substance from said reservoir through said one or more ports into such tissue,  
wherein, said control structure, when activated by a user, operates to  
actuate said injury-treatment effector, and additionally actuates said  
therapeutic-substance source to expel therapeutic-substance through said  
one or more ports to create one or more sites of therapeutic-substance  
30 infusion in the tissue at defined spaced-apart locations with respect to the  
created one or more sites of injury.

2. The device of claim 1 further comprising a third treatment effector for creating a treatment position marker.
3. The device of claim 2 wherein the third treatment effector is separate from the injury and therapeutic-substance delivery effectors.
4. The device of claim 2 wherein the marking effector is combined with either the injury, or therapeutic-substance delivery, or injury and therapeutic-substance delivery effectors.
5. The device of claim 1 wherein the injury and therapeutic-substance delivery effectors actuate simultaneously.
6. The device of claim 1 wherein the injury and therapeutic-substance delivery effectors actuate sequentially.
7. The device of claims 2, 3, or 4 wherein the injury, therapeutic-substance delivery, and position-marking effectors actuate simultaneously.
8. The device of claims 2, 3, or 4 wherein the injury, therapeutic-substance delivery, and position-marking effectors actuate sequentially.
9. The device of claims 2, 3, or 4 wherein the position-marking effector actuates independently from the injury effectors or therapeutic-substance delivery effectors.
10. The device of claim 1 wherein the therapeutic-substance-source is actuated independent of the actuation of the therapeutic-substance delivery effectors.
11. The device of claim 1 wherein the therapeutic-substance-source is actuated simultaneous to the actuation of the therapeutic-substance delivery effectors.

12. The device of claim 1 wherein the elongate shaft further comprises a steerable distal end.

13. The device of claim 1 further comprising an optical viewing port located at the elongate shaft's distal end in optical communication with an imaging device.

14. The device of claim 1 wherein the elongate shaft further comprises a contact sensor located on the elongate shaft's distal end.

15. The device of claim 1 wherein the elongate shaft further comprises a positioning aid located on the elongate shaft's distal end.

16. The device of claim 1 wherein the elongate shaft is a catheter.

17. The device of claim 1 wherein the elongate shaft is an endoscope.

18. The device of claim 1 wherein the elongate shaft is an open surgical hand held device.

19. A method of treating ischemic tissue comprising the steps of,

- identifying target tissue regions of ischemic tissue,
- providing a device that can upon activation and by a single placement of the device, cause an injury to at least one site of target tissue different than at least one site of target tissue where a therapeutic-substance is delivered,
- placing the device against the identified target tissue, and,
- activating the device to cause injury to selected sites within the target tissue, and to cause therapeutic-substance to be delivered to regions in the target tissue at preselected sites away from the sites of injury.

20. A method for treating a target tissue comprising the steps of

- identifying the target tissue

- producing one or more sites of injury within said region, where multiple sites of injury, if produced, are at known relative positions with respect to one another, and
- infusing therapeutic-substance into on or more sites different than the one or more sites of injury.

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21. A method for treating ischemic tissue comprising the steps of

- identifying a region of ischemic tissue within a patient's body
- producing one or more sites of injury within such region, where multiple sites, if produced, are at known relative positions with respect to one another,
- infusing therapeutic-substance into one or more sites different from such injury sites and at known positions away from such injury sites.

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